

Detailed Syllabus

Curriculum Designed for: UG		Self-Finance Programme: UG
Semester: I	Course No.: 111	Course Code: DSC-C-PSY-1
		Course Title: Basic Psychological Process-I
Credits:	04	Course Category:- Major

Course Objectives:

Number	Objective
Objective 1:	To introduce students to the fundamental concepts, nature, and scope of psychology.
Objective 2:	To develop understanding of the historical development and major perspectives in psychology.
Objective 3:	To familiarize learners with basic research methods used in psychology.
Objective 4:	To explain the biological bases of behavior, including the nervous and endocrine systems.
Objective 5:	To provide knowledge of sensory processes, perception, and principles of perceptual organization.
Objective 6:	To develop understanding of different types of learning and their applications in everyday life.

Course Outcomes: On successful completion of the course, the learner will be able to

CO#	COGNITIVE ABILITIES	COURSE OUTCOMES
CO1	REMEMBERING	Recall key concepts, definitions, and historical developments in psychology.
CO2	UNDERSTANDING	Explain major perspectives, biological bases of behavior, and principles of sensation and perception.
CO3	APPLYING	Apply learning theories and psychological principles to real-life situations.
CO4	ANALYSING	Differentiate between various psychological approaches, methods, and learning processes
CO5	EVALUATING	Assess the relevance and effectiveness of psychological theories and methods in understanding behavior.
CO6	CREATING	Integrate psychological knowledge to propose solutions to behavioral problems and construct informed viewpoints.

Course Contents:

Unit No.	Unit Contents	Sessions Allotted
1	<p>Introduction to Psychology</p> <ul style="list-style-type: none"> • Definition and nature of psychology • Historical development (structuralism, functionalism, behaviorism, psychoanalysis) • Modern perspectives (cognitive, humanistic, biological) • Methods in psychology (experimental, observation, case study) 	15
2	<p>Biological Bases of Behaviour</p> <ul style="list-style-type: none"> • Structure and functions of neurons • Central and peripheral nervous system • Endocrine system • Brain and behavior 	15
3	<p>Sensation and Perception</p> <ul style="list-style-type: none"> • Sensory processes and thresholds • Visual and auditory perception • Principles of perceptual organization (Gestalt laws) • Perceptual constancies and illusions 	15
4	<p>Learning</p> <ul style="list-style-type: none"> • Classical conditioning (Pavlov) • Operant conditioning (Skinner) • Observational learning (Bandura) • Cognitive learning 	15

REFERENCES:

- Baron, R. & Misra. G. (2013). Psychology. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.
- Morgan, C. T., King, R. A., Weiss, J. R. and Schopler, J. (2012). (Latest Edition). Introduction to Psychology. Tata McGraw Hill Education Pvt. New Delhi.

E RESOURCES:

- <https://youtu.be/2fbrl6WoIyo>
- <https://www.youtube.com/watch?v=nrBSxKZUHcs>
- [http://gg.gg/Introduction-to-Psychology Book 1](http://gg.gg/Introduction-to-Psychology_Book_1)
- [http://gg.gg/Introduction-to-Psychology Book 2](http://gg.gg/Introduction-to-Psychology_Book_2)
- [http://gg.gg/Introduction-to-Psychology Book 3](http://gg.gg/Introduction-to-Psychology_Book_3)
- <http://www.apa.org>