

Detailed Syllabus

Curriculum Designed for: UG		Grant-In-Aid
Semester: I	Course No.: 113	Course Code: DSC- M-PSY-1
Credits:	04	Course Title: Introduction to Psychology-I
		Course Category:- Minor

Course Objectives:

Number	Objective
Objective 1:	To introduce the basic concepts, definitions, and scientific nature of psychology.
Objective 2:	To familiarize learners with various methods of psychological investigation and research.
Objective 3:	To explain the concept, theories, and types of motivation and their role in behaviour.
Objective 4:	To explain the concept, theories, and types of motivation and their role in behaviour.
Objective 5:	To provide knowledge about the role of heredity and environment in shaping human behaviour and development.
Objective 6:	To develop understanding of attention and perception along with their underlying processes and determinants.

Course Outcomes: On successful completion of the course, the learner will be able to

CO#	COGNITIVE ABILITIES	COURSE OUTCOMES
CO1	REMEMBERING	Recall and define key concepts such as psychology, motivation, heredity, attention, and percept.
CO2	UNDERSTANDING	Explain the nature, goals, subfields, and methods of psychology and describe motivational processes and perceptual organization.
CO3	APPLYING	Apply psychological principles to everyday life situations, including motivation and behavioural understanding.
CO4	ANALYSING	Analyze the interaction between heredity and environment and examine factors influencing attention and perception.
CO5	EVALUATING	Evaluate different theories of motivation and assess the applicability of psychological methods and concepts
CO6	CREATING	Develop informed perspectives and propose solutions to behavioural issues using psychological principles.

Course Contents:

Unit No.	Unit Contents	Sessions Allotted
1	<p>Psychology as a Science - Introduction</p> <ol style="list-style-type: none"> 1. Definition of Psychology <ul style="list-style-type: none"> • Old definition of Psychology • New and Working Definition of Psychology 2. Psychology as a Behavioural Science 3. Goals of Psychology <ul style="list-style-type: none"> • Description • Understanding and Explanation • Prediction • Control • Application 4. The Subfields of Psychology <ul style="list-style-type: none"> • Clinical Psychology • Counselling Psychology • School and Educational Psychology • Developmental Psychology • Social Psychology • Industrial and Organizational Psychology • Experimental Psychology • Physiological Psychology • Personality Psychology 5. Applicability of Psychology 6. The Methods of Psychology <ul style="list-style-type: none"> • Observational Method • Clinical Methods • Survey Method • Experimental Method • Interview Method • Questionnaire Method 	15
2	<p>Motivation</p> <ol style="list-style-type: none"> 1. Definition and Nature of Motivation <ul style="list-style-type: none"> • Motivational Cycle 2. Measurement of Motivation 3. Motivation Theories: Maslow's Need hierarchy theory & arousal theory 4. Types of Motive <ul style="list-style-type: none"> • Biological Motive • Psychological Motive • Social Motives 	15

3	Heredity & Environment <ol style="list-style-type: none">1. Nature of Heredity2. Process of Heredity3. Nervous System4. Nature of Environment5. Types of Environment6. Interaction between heredity & environment	15
4	Attention & Perception <ol style="list-style-type: none">1. Definition and Nature of Attention2. Determinants of Attention<ul style="list-style-type: none">• External or Objective Determinants of Attention• Internal or Subjective Determinants of Attention3. Meaning or Definition of Perception4. Object Perception<ul style="list-style-type: none">• Figure and Ground Perception• Law of Perceptual Organization• Closure	15

REFERENCES:

- Baron, R. & Misra. G. (2013). Psychology. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.
- Morgan, C. T., King, R. A., Weiss, J. R. and Schopler, J. (2012). (Latest Edition). Introduction to Psychology. Tata McGraw Hill Education Pvt. New Delhi.

E RESOURCES:

- <https://youtu.be/2fbrl6WoIyo>
- <https://www.youtube.com/watch?v=nrBSxKZUHcs>
- [http://gg.gg/Introduction-to-Psychology Book 1](http://gg.gg/Introduction-to-Psychology_Book_1)
- [http://gg.gg/Introduction-to-Psychology Book 2](http://gg.gg/Introduction-to-Psychology_Book_2)
- [http://gg.gg/Introduction-to-Psychology Book 3](http://gg.gg/Introduction-to-Psychology_Book_3)
- <http://www.apa.org>