

Detailed Syllabus

Curriculum Designed for: UG		Grant-In-Aid
Semester: II	Course No.: 122	Course Code: DSC-C-PSY-4
		Course Title: Developmental Psychology-II
Credits: 04		Course Category:- Major

Course Objectives:

Number	Objective
Objective 1:	To introduce the concept, characteristics, and developmental processes of adolescence.
Objective 2:	To develop understanding of physical, emotional, and social changes during adolescence and adulthood.
Objective 3:	To provide knowledge about developmental tasks, maturity, and challenges in adulthood.
Objective 4:	To explain the characteristics, problems, and adjustment processes in old age.
Objective 5:	To familiarize learners with the concept of atypical development and different categories of exceptional children.
Objective 6:	To develop awareness about the needs, problems, and management of individuals with developmental variations.

Course Outcomes: On successful completion of the course, the learner will be able to

CO#	COGNITIVE ABILITIES	COURSE OUTCOMES
CO1	REMEMBERING	Recall key concepts, stages, and characteristics of adolescence, adulthood, old age, and atypical development.
CO2	UNDERSTANDING	Explain developmental changes, tasks, and problems across different life stages.
CO3	APPLYING	Apply knowledge of developmental psychology to understand real-life issues related to different age groups and individuals with special needs.
CO4	ANALYSING	Analyze physical, emotional, and social changes and factors affecting adjustment across the lifespan.
CO5	EVALUATING	Evaluate developmental challenges and assess needs and problems of individuals in different stages and with atypical conditions.
CO6	CREATING	Develop strategies and approaches for effective adjustment, care, and support for individuals across life stages and with developmental differences.

Course Contents:

Unit No.	Unit Contents	Sessions Allotted
1	<p>Adolescence Development</p> <ol style="list-style-type: none"> 1. Definition, Characteristics and development of adolescence 2. Determinants of adolescence entry 3. Physiological Changes during adolescence 4. Changes in interests, attitudes and beliefs during Adolescence 5. Emotional development in Adolescence 6. Social development of Indian Adolescent 	15
2	<p>Adulthood Development</p> <ol style="list-style-type: none"> 1. Characteristics of adulthood 2. Development tasks of adulthood 3. Problems of adulthood 4. Evidence of mature adulthood <ul style="list-style-type: none"> • Physical maturity • Intellectual maturity • Social maturity • Emotional maturity • Moral maturity 	15
3	<p>Old Age</p> <ol style="list-style-type: none"> 1. Characteristics of Old age 2. Changes during old age 3. Problems of old age 4. Retirement 5. Successful old age 6. Facing death 7. Factors influencing adjustment during Old age 	15
4	<p>Atypical Development</p> <ol style="list-style-type: none"> 1. Meaning of atypical development 2. The gifted <ul style="list-style-type: none"> • Characteristics of gifted children • Problems of gifted children 3. Mentally Retarded children <ul style="list-style-type: none"> • Physical characteristic of mentally retarded • Personality traits of mentally retarded • Characteristics of mentally retarded children • Causes of mental retardation • Problems of retarded 4. Physically handicapped 5. Visual impairment 6. Hearing impairment 	15

	7. Crippled Child 8. Delicate Child 9. Dental defects 10. Cerebral palsy	
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REFERENCES:

- Hurlock, E. (1980). Developmental Psychology, Tata McGraw Hill Publishing.
- Penney Upton (2014). Developmental Psychology, Pearson Publishing Company. Link: Papalia, D. E., Olds, S.W., & Feldman, R. D. (2004). Human Development. 9th Ed. New Delhi: McGraw 7. Hill.
- Santrock, J. W. (2007). Child Development. 11th Ed. New Delhi: Tata McGraw Hill. 8. Travers, D. (1999). Human Development. Across the Life Span. 4th ed. London: McGraw Hill.

E-RESOURCES:

- <https://www.youtube.com/watch?v=XrvotGHKUr4>
- <https://www.youtube.com/watch?v=9H2LxJ9CuZ0>
- <https://www.youtube.com/watch?v=5vPSIIz3jb8>
- <http://www.apa.org>