

Detailed Syllabus

Curriculum Designed for: UG		Grant-In-Aid
Semester: I	Course No.: 112	Course Code: DSC-C-PSY-2
		Course Title: Developmental Psychology-I
Credits:	04	Course Category:- Major

Course Objectives:

Number	Objective
Objective 1:	To introduce the meaning, nature, and scope of developmental psychology and its scientific methods.
Objective 2:	To develop understanding of stages, processes, and factors influencing human development.
Objective 3:	To provide knowledge about prenatal development and factors affecting growth before birth.
Objective 4:	To explain the physical, cognitive, emotional, and social development during infancy.
Objective 5:	To familiarize learners with developmental characteristics, needs, and challenges of childhood.
Objective 6:	To develop understanding of concept formation and developmental tasks across infancy and childhood.

Course Outcomes: On successful completion of the course, the learner will be able to

CO#	COGNITIVE ABILITIES	COURSE OUTCOMES
CO1	REMEMBERING	Recall key concepts, stages, and processes of developmental psychology including prenatal, infancy, and childhood stages.
CO2	UNDERSTANDING	Explain developmental processes, methods, and factors influencing growth and development.
CO3	APPLYING	Apply principles of developmental psychology to understand behaviour and development across early life stages.
CO4	ANALYSING	Analyze the role of heredity and environment and examine developmental changes in infancy and childhood.
CO5	EVALUATING	Evaluate developmental characteristics, hazards, and challenges across different stages.
CO6	CREATING	Develop informed perspectives and suggest strategies for promoting healthy development in early life stages.

Course Contents:

Unit No.	Unit Contents	Sessions Allotted
1	<p>Developmental Psychology - Introduction</p> <ol style="list-style-type: none"> 1. The Meaning and Nature of Developmental Psychology. 2. Various Stages of Development 3. Method of Developmental Psychology <ul style="list-style-type: none"> • Observation Method • Questionnaire Method • Case Study Method • Experimental Method 4. Objectives, Importance or utility of developmental Psychology 5. Developmental Processes and Periods: <ul style="list-style-type: none"> • Biological, Cognitive and Socio-Emotional Processes • Factors Affecting Development 	15
2	<p>Prenatal Development</p> <ol style="list-style-type: none"> 1. Prenatal development 2. Heredity and environment 3. Factors affecting prenatal development 4. Physical and Psychological hazards related to Pre-natal Period 	15
3	<p>Infancy Development</p> <ol style="list-style-type: none"> 1. Characteristic of Infancy 2. Physical development in Infancy 3. Characteristics of Infants related to Sensitivities 4. Motor development during Infancy stage 5. Cognitive development of infancy 6. Language, Emotional, Social and Personality development in Infancy (Babyhood) 7. Concept formation <ul style="list-style-type: none"> • Concepts of life and death • Concept of Cause-Action • Concept of location • Concept of weight • Number related concept 8. Development tasks of infancy 9. Main hazards related to the birth of neonates and 10. Adjustment of neonates 11. Hazards <ul style="list-style-type: none"> • Physical hazards • Psychological hazards 	15

4	Childhood Development <ol style="list-style-type: none">1. Characteristics, Needs and Problems of Childhood2. Physical development of childhood3. Motor development during Childhood4. Cognitive and language development of childhood5. Development tasks of childhood6. Development of various concepts of childhood<ul style="list-style-type: none">• Concept of relative size• Concept of money• Concept of time• Concept of self• Development of social concepts• Development of the concept of beauty• Development of thinking	15
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REFERENCES:

- Hurlock, E. (1980). Developmental Psychology, Tata McGraw Hill Publishing.
- Penney Upton (2014). Developmental Psychology, Pearson Publishing Company.
- Papalia, D. E., Olds, S.W., & Feldman, R.D. (2004). Human Development. 9th ed. New Delhi: McGraw 7. Hill.
- Santrock, J. W. (2007). Child Development. 11th ed. New Delhi: Tata McGraw Hill. 8. Travers, D. (1999). Human Development. Across the Life Span. 4th ed. London: McGraw Hill.

E-RESOURCES:

- <https://www.youtube.com/watch?v=XrvotGHKUr4>
- <https://www.youtube.com/watch?v=9H2LxJ9CuZ0>
- <https://www.youtube.com/watch?v=5vPSIz3jb8>
- <http://www.apa.org>